Dune Deck

AN ADVENTURE IN WELLNESS

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BEACH CLUB

A peek inside the Dune Deck Beach Club-the new waterside wellness retreat in Westhampton. By NANCY KANE

young child—under the tor-stands up on a surfsimilar tutorials are taking place at other Discovery Land Company residenas Silo Ridge in the Hud-Mike Meldman— with Monica Gambee in the Bahamas—where and their son Maxcreated a place for family "quality time. " are woven into everyday

wasn't the only one who didn't like wearing a collared shirt on the golf course," he says.

At Silo Ridge, the club's "Outdoor Pursuits" include rugged activities like archery, fly-fishing, hiking, and horseback riding in addition to a Tom Fazio golf course. Says Meldman, "My boys really grew up as true outdoorsmen and we love all the options at both Silo Ridge and the Dune Deck."

At Dune Deck, the options for Outdoor Pursuits—including surf fishing and surfing-

Mike Meldman wouldn't have it any other way. "Wellness is a true balance between physical activity, eating healthy, doing what you love, and most importantly, spending quality time with family and friends," he says.

As late afternoon

light hits the expan-

Deck Beach Club, a

guidance of an instruc-

board for the first time.

All over the alobe,

tial communities—such

son Valley and Baker's

activities and wellness

life. Founder and CEO

Bay Golf & Ocean Club

sive beachfront of Westhampton's Dune

As with all Discovery Land properties, Dune Deck Beach Club is members-only and offers luxury residential lodging (33 luxury suites) with a full-service concierge.

Previously, New Yorkers have had to travel quite a distance to get to a Discovery Land property. But that changed last year with the opening of Silo Ridge and this summer's unveiling of the Dune Deck. "I did away with some of the rules and regulations associated with golf and country clubs and focused on creating an environment that was fun," says Meldman. For example, "I found that I

make the most of its oceanfront locale.

"My son Hunter is an avid surfer and the great break right in front of the club allows us to spend a lot of time in the water," says Meldman. "My 4-year-old son, Max, also loves to do anything in the water with his big brothers."

The club also has an in-house restaurant preparing farmto-table fare, plus there's an onsite fitness expert and facilities for personal training, physical therapy and nutrition counseling. "When I started Discovery, I was a divorced father and I was busy building my business while trying to juggle spending quality time with my boys," says Meldman. "I wanted to make sure the time people have together was spent enjoying sunique experiences that would create memories to last a lifetime."